

Dr. Danielle Forshee, Psy.D.

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EDUCATION

2009-2015:

Doctorate in Psychology (Psy.D)
Specialization in Clinical
With Distinction
Capella University, GPA 3.94

2005-2007:

Master's Degree in Social Work (MSW)
Specialization in Clinical
Fordham University, GPA 3.81

2000-2003:

Bachelor's Degree in Psychology (B.A)
Magna Cum Laude
Honors in Psychology
Franklin Pierce University, GPA 3.54

CURRENT POSITIONS

2016-Present:

Private Practice

Dr. Danielle Forshee, LLC

Licensed psychologist specializing in the evaluation and treatment of high-conflict family problems, high-risk behaviors and psychological disorders within and outside of the family court system.

CLINICAL EXPERIENCE

4/2019- 4/2020:

Post-Doctoral Fellowship

Dr. Elise Landry, Ph.D, J.D

Provided court-involved psychological services under temporary permit.

6/2016-6/2018:

Clinical Consultant

New Jersey Society for the Prevention of Teen Suicide (SPTS)

Provided clinical consultation on an as-needed basis to the Board Members and staff of the Society for the Prevention of Teen Suicide. Provide educational trainings to the community.

2/2016-8/2017:

Clinical Supervisor

Hackensack Meridian Health

Ocean Medical Center & Southern Ocean Medical Center, Brick & Manahawkin, NJ

Crisis Units

Provide clinical supervision and supervised psychiatric emergency clinicians at both Ocean Medical Center and Southern Ocean Medical Center crisis units. Part-time.

3/2008-7/2016:

Independent Practitioner

Group Private Practice

Shore Behavioral Services, Manasquan, NJ

Provided individual, family and couples counseling for adolescents and adults.

4/2008- 7/2016:

Psychiatric Screener

Robert Wood Johnson/Barnabas Health

Monmouth Medical Center-Southern Campus, Lakewood, NJ

Psychiatric Emergency Screening Unit (PESS)

Provided emergency psychiatric screening, diagnosis, assessment and involuntary commitment proceedings for adults, adolescents and children in emergency rooms, jails, private residences and in the community via mobile outreach. Specialized in the evaluation of children and adolescents. Routinely in the role of charge clinician overseeing numerous clinical staff at various locations throughout the county. Provided testimony in criminal and civil court proceedings. Dispatched as emergency response to debrief families of suicide victims and families of accidental death victims in the community, as well as for local disaster response. Full time for the first six years and continued on a per-diem basis.

8/2015-11/2015:

Post-Doctoral Fellowship

Alan J. Lee & Associates, LLC, Hamilton, NJ

Clinical and Forensic Evaluations

Provided a variety of mental health and forensic evaluation services to the public and private sectors under temporary permit and supervision toward full licensure. Evaluations were office and community based. Clinical evaluation services included juvenile cognitive, intellectual and adaptive functioning, clinical and personality assessment, diagnosis/differential diagnosis, treatment planning and special risk/threat issues. Forensic evaluation services included juvenile delinquency and juvenile offenders, sexual offender & issues for children and adolescents, suicide and violence risk assessment and sexual abuse and victimization.



9/2007-6/2008:

School Counselor

Hope Academy Charter School, Asbury Park, NJ

Provided individual, group counseling and crisis intervention services for students Kindergarten through 8th grade. Acted as a consultant and support for teachers by conducting in-class functional behavioral analyses and provided recommendations for behaviorally based interventions.

2003-2007:

Intake Investigator

State of New Jersey Division of Child Protection & Permanency (DCPP)

Ocean County, NJ

Investigated initial allegations of physical abuse, sexual abuse and neglect on both the day shift and overnight for the Special Response Unit (SPRU). Both responsibilities included assessing imminent safety and risk to children, coordinating resources among providers, medical facilities, law enforcement, and providing testimony in civil and criminal court proceedings. Acted as a primary field instructor for bachelor's level students from Stockton University.

7/2014-7/2015

Doctoral Internship (2,000 hours)

North Philadelphia Health System, Philadelphia, PA

Girard Medical Center

Provided individual therapy, group therapy, intake assessments and psychological assessment batteries to a culturally diverse and urban population with persistent psychiatric illness and comorbid disorders. Acted as a consultant for a male forensic residential unit, participated in treatment team meetings and provided recommendations for care. Provided individual and group therapy for both the outpatient psychiatric clinic and extended acute inpatient psychiatric unit. Created group therapy modules for both the outpatient clinic and extended inpatient psychiatric unit and provided hospital wide trainings on suicide and risk assessment and assessment and trauma safety planning. Facilitated transition of patients from the extended inpatient psychiatric unit through the discharge process to boarding homes by collaborating with multiple community providers and accompanying patients to pre-placement visits and initial interviews, ensuring continuity of care.

7/2011-1/2013:

Doctoral Practicum (1,134 hours)

Georgian Court University, Lakewood, NJ

Counseling Center

Independently provided intake interviews, substance abuse evaluations and individual therapy to college students. Recommendations for higher levels of care were facilitated and coordination with other treatment providers and faculty were done on an ongoing basis. Scored, interpreted and generated psychological assessment batteries to provide recommendations for accommodations under IDEA (Individuals with Disabilities Education Act) guidelines, under the direct supervision of a licensed



psychologist. Created intake policy for the Psychological Counseling Center on suicide and self -injury assessment to meet the myriad of mental health needs of students.

9/2006-7/2007:

Pre-Masters Level Internship (1,000 hours)

Hackensack Meridian Health

Jersey Shore University Medical Center, Neptune, NJ

Crisis Unit

Evaluated children, adolescents, adults and geriatrics in psychiatric crisis. Provided diagnosis and assessment in the emergency room. Recommendations were made for appropriate level of care and maintained coordination of care among service providers.

9/2005-8/2006:

Pre-Masters Level Internship (1,000 hours)

Hackensack Meridian Health

Jersey Shore University Medical Center, Neptune, NJ

Adult Inpatient Psychiatric Unit

Provided individual and group therapy, comprehensive biopsychosocial evaluations, case management services, participated in ground rounds and family sessions and attended treatment team meetings.

2002-2003:

Pre-Bachelors Level Internship (250 hours)

Park Place Program, Asbury Park, NJ

Adult Dual Diagnosis Partial Hospitalization

Co-lead group therapy, participated in treatment team meetings, participated in grand rounds with the psychiatrist.

TEACHING EXPERIENCE

6/2016-5/2018:

Contracted Provider

Rutgers University

Office of Continuing Education & Technical Assistance Center (University Behavioral Health)

Created 6-8-hour presentations for licensed mental health professionals on topics related to the assessment of suicide and risk. Provided a total of six presentations in 2016, five in 2017 and four in 2018. Presentations are CEU-approved by the New Jersey Association of Social Workers; the National Board of Certified Counselors; the New Jersey Department of Education; the Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors, and the New York State Education Department State Board for Social Work.

2007-2009:

Adjunct Psychology Instructor

Ocean County College, Toms River, NJ



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Instructed undergraduate students in the courses of Introduction to Psychology and Child and Adolescent Development. Created syllabi for both courses.

SUPERVISORY & CONSULTING EXPERIENCE

4/2022-Present

Private Clinical Supervisor

Providing weekly individual clinical supervision for a Licensed Social Worker (LSW) obtaining clinical Hours toward Licensed Clinical Social Worker (LCSW)

10/2020- Present:

Private Consultant

Providing clinical consultation to an LCSW in private practice.

2/2017-4/2019:

Private Clinical Supervisor

Provided weekly individual clinical supervision for a Licensed Social Worker (LSW) obtaining clinical hours toward Licensed Clinical Social Worker (LCSW).

1/2015-5/2016:

Private Clinical Supervisor

Provided weekly individual clinical supervision for a Licensed Associate Counselor (LAC) obtaining clinical hours toward Licensed Professional Counselor (LPC).

2/2017-4/2017:

Masters Level Field Instructor

Hackensack Meridian Health

Ocean Medical Center, Brick, NJ

Crisis Unit

Supervised and field trained a second year MSW student from Monmouth University in clinical interviewing, assessment of suicide and risk, differential diagnosis, case conceptualization, writing assessments and legalities pertaining civil commitment of adults and children.

9/2013-6/2014:

Masters Level Field Instructor

Robert Wood Johnson/Barnabas Health

Monmouth Medical Center Southern Campus, Lakewood, NJ

Psychiatric Emergency Screening Unit (PESS)

Supervised and field trained a second year MSW student from Stockton University in clinical interviewing, assessment of suicide and risk, differential diagnosis, case conceptualization, writing assessments and legalities pertaining civil commitment of adults and children.

10/2012-5/2013:

Masters Level Field Instructor

Robert Wood Johnson/Barnabas Health

Monmouth Medical Center Southern Campus, Lakewood, NJ

Psychiatric Emergency Screening Unit (PESS)



Supervised and field trained a second year MSW student from Stockton University in clinical interviewing, assessment of suicide and risk, differential diagnosis, case conceptualization, writing assessments and legalities pertaining to civil commitment of adults and children.

9/2006-5/2007:

Bachelors Level Field Instructor

State of New Jersey Division of Child Protection & Permanency (DCPP), Ocean County, NJ

Supervised and field trained a BSW student from Georgian Court University in initial investigations and assessment of child abuse and neglect, providing testimony in court proceedings, involuntary removals and investigative report writing.

PROFESSIONAL PUBLICATIONS

Forshee, D. (2020). *Emergency Psychiatric Systems that Work*.

Chapter 6: Mobile Crisis Unit. Springer International Publications (Textbook).

<https://link.springer.com/book/10.1007/978-3-030-50808-1>

Forshee, D. (2017). *Managing Conflict in Mediation: A Neurobiological Approach to Unspoken Communication*. New Jersey Association of Professional Mediators News, (22)1.

<https://njapm.org/documents/NJAPMSpringNewsletter2017.pdf>

DISSERTATION

Forshee, D. (2014). *Vagus Nerve Stimulation for Reactive Attachment Disorder*.

Capella University, Minneapolis, MN.

Proposed vagus nerve stimulation (VNS) as a potentially efficacious treatment for children with reactive attachment disorder (RAD), due to targeted effects on limbic system structures and neurotransmitter systems directly implicated in its neurobiology.

PRESENTATIONS

Forshee, D. (12/2021). *Handling (or at least surviving) Toxic Personalities in mediation and Settlement Conferences*.

New Jersey Association for Justice, Matrimonial Law Program

Meadowlands Seminar 2021

Forshee, D. (12/2021). *Co-Parenting After Separation: Keeping Our Kids Healthy*

Prevent Child Abuse New Jersey

Forshee, D. (10/2021). *Unmasking Depression and Anxiety*

American Academy of Pediatrics, NJ Chapter

School Health Conference



- Forshee, D. (10/2021). *High-Conflict Co-Parenting Interventions: Managing the Growing Problem of High-Conflict Families*.
Monmouth County Collaborative Divorce & Mediation Professionals
- Forshee, D. (7/2021). *Suicide Assessment in the Pediatric Care Setting*.
American Academy of Pediatrics, NJ Chapter
NJ Pediatric Psychiatry Collaborative
- Forshee, D. (6/2021) *Mental Health Post-COVID: Children and Isolation*.
American Academy of Pediatrics, NJ Chapter
2021 Annual Conference
- Forshee, D. (2020). *Suicide Assessment in the Pediatric Care Setting: A Brief Guide to Becoming Comfortable Talking about an Uncomfortable Topic*.
American Academy of Pediatrics, NJ Chapter
NJ Pediatric Psychiatry Collaborative
- Forshee, D. (2017). *The Evaluation of Non-Suicidal Self-Injury, Risk & Suicide: How They Go Hand-in-hand and Basics of the Chain Analysis Method of Assessing*
Rutgers University, Technical Assistance Center, Waretown, NJ
Psychiatric screeners state-wide
- Forshee, D. (2017). *The Evaluation of Non-Suicidal Self-Injury, Risk & Suicide: How They Go Hand-in-hand and Basics of the Chain Analysis Method of Assessing*
Rutgers University, Technical Assistance Center, Piscataway, NJ
Psychiatric screeners state-wide
- Forshee, D. (2017). *Identifying Suicide, Risk and De-Escalating*
Monmouth County Superior Court, Monmouth BAR Association, Freehold NJ
Attorneys
- Forshee, D. (2017). *Monsters Under the Bed: The Assessment and Treatment of Non-Suicidal Self-Injury*
Rutgers University, Office of Continuing Education, Ancora State Psychiatric Hospital, Ancora, NJ
Mental Health Clinicians
- Forshee, D. (2017). *Depression and the Older Adult*
Four Seasons Mirage Independent Living Community, Barnegat, NJ
Caregivers
- Forshee, D. (2017). *Identifying and Managing Escalated Behaviors in the Hospital*
Bayshore Medical Center, Red Bank, NJ
Emergency Room Medical Staff
- Forshee, D. (2017). *Neurobiology & Psychology of Initiating and Maintaining Relationships with Clients*
Navesink Business Group, Red Bank, NJ
Local Business Owners

- Forshee, D. (2017). *Monsters Under the Bed: Assessment & Treatment of Non-Suicidal Self-Injury*
Rutgers University, Office of Continuing Education, Princeton Family Institute, Princeton, NJ
Mental Health professionals state-wide
- Forshee, D. (2017) *Managing Escalated Behaviors in the ER*
Ocean Medical Center, Brick NJ
Patient Observers
- Forshee, D. (2017). *Suicide Risk in the ER: A Brief Overview of Statistics & Risk Assessment*
Ocean Medical Center, Brick NJ
Patient Observers
- Forshee, D. (2017). *The Evaluation of Non-Suicidal Self-Injury, Risk & Suicide: How They Go Hand-in-hand and Basics of the Chain Analysis Method of Assessing*
Rutgers University, Technical Assistance Center, Piscataway, NJ
Psychiatric screeners state-wide
- Forshee, D. (2017). *Behavioral Interventions for Managing Assaultive Patients*
Jersey Shore University Medical Center, Neptune NJ
Physicians, residents, nurses and mental health counselors
- Forshee, D. (2017). *Suicide and Risk Assessment*
Southern Ocean Medical Center, Brick NJ
Hospital-wide training
- Forshee, D. (2017). *Managing Escalated Behaviors in the ER*
Southern Ocean Medical Center, Brick NJ
Hospital-wide training
- Forshee, D. (2017). *Neurobiology of Empathy*
Jersey Shore Collaborative Law Group (JSCLG), Eatontown, NJ
Family law attorneys, mental health & financial professionals
- Forshee, D. (2017). *Suicide and Risk Assessment*
Central Regional High School, Bayville, NJ
Guidance counselors and child study team
- Forshee, D. (2017). *Suicide and Risk Assessment*
Ocean Medical Center, Brick NJ
Hospital-wide training
- Forshee, D. (2017). *Managing Escalated Behaviors in the ER*
Ocean Medical Center, Brick NJ
Hospital-wide training



- Forshee, D. (2017). *The Assessment of Suicide and Risk*
New Jersey Association of School Social Workers
56th Annual Conference, Iselin, NJ
- Forshee, D. (2016). *NJ Psychiatric Commitment Laws*
Southern Ocean Medical Center, Manahawkin, NJ
Crisis counselors
- Forshee, D. (2016). *NJ Psychiatric Commitment Laws*
Ocean Medical Center, Brick, NJ
Crisis counselors
- Forshee, D. (2016). *Conducting a Chain Analysis in Crisis*
Southern Ocean Medical Center, Manahawkin, NJ
Crisis counselors
- Forshee, D. (2016). *Conducting a Chain Analysis in Crisis*
Ocean Medical Center, Brick, NJ
Crisis counselors
- Forshee, D. (2016). *Assessing for Risk and Suicide*
Southern Ocean Medical Center, Manahawkin, NJ
Crisis counselors
- Forshee, D. (2016). *Assessing for Risk and Suicide*
Ocean Medical Center, Brick, NJ
Crisis counselors
- Forshee, D. (2016). *Psychiatric Illness and Psychiatric Emergency Screening Services*
Ocean County Police Academy, Lakewood, NJ
Police Officers throughout Ocean County
- Handle with Care Management System. (2016). *Managing Aggressive Behavior (MAB)*
Monmouth Medical Center Southern Campus, Lakewood, NJ
Hospital-wide
- Forshee, D. (2015). *Vagus Nerve Stimulation for Reactive Attachment Disorder.*
Symposium at the 86th Annual Eastern Psychological Association Conference
Philadelphia, PA.
- Forshee, D. (2015). *Suicide Assessment*
North Philadelphia Health Care System, Philadelphia, PA
Hospital-wide

- Forshee, D. (2015). *Assessment and Risk of Non-Suicidal Self- Injury*
North Philadelphia Health Care System, Philadelphia, PA
Hospital-wide
- Forshee, D. (2015). *Safety and Crisis Planning*
North Philadelphia Health Care System, Philadelphia, PA
Hospital-wide
- Forshee, D. (2015). *Screening Measures and Psychological Assessment*
North Philadelphia Health Care System, Philadelphia, PA
Hospital-wide
- Forshee, D. (2015). *Assessment and Safety Planning*
North Philadelphia Health Care System, Philadelphia, PA
Hospital-wide
- Forshee, D. (2015). *Suicide and Risk Assessment*
North Philadelphia Health Care System, Philadelphia, PA
Hospital-wide
- Forshee, D. (2015). *Screening Measures and Psychological Assessment*
North Philadelphia Health Care System, Philadelphia, PA
Hospital-wide
- Forshee, D. (2015). *Assessment and Safety Planning*
North Philadelphia Health Care System, Philadelphia, PA
Hospital-wide
- Forshee, D. (2015). *Suicide and Risk Assessment*
North Philadelphia Health Care System, Philadelphia, PA
Hospital- wide
- Handle with Care Management System. *Managing Aggressive Behavior (MAB)*
Monmouth Medical Center Southern Campus, Lakewood, NJ
- Forshee, D. (2014). *Managing Psychiatric Emergencies*
Toms River Police Department, Toms River, NJ
Police officers
- Forshee, D. (2014). *Managing Psychiatric Emergencies*
Toms River Police Department, Toms River, NJ
Police officers
- Handle with Care Management System. (2014). *Managing Aggressive Behavior (MAB)*
Monmouth Medical Center Southern Campus, Lakewood, NJ

Forshee, D. (2013). *Assessing for Psychiatric Emergencies*
Lakewood Township School District, Lakewood, NJ
School-wide

Forshee, D. (2013). *Suicide, Risk Assessment and Interviewing Techniques*
Georgian Court University, Lakewood, NJ
University staff

Forshee, D. (2013). *Recognizing and Assessing for Psychiatric Illness*
Georgian Court University, Lakewood, NJ
University staff

Forshee, D. (2012). *Managing Psychiatric Emergencies*
National Association of Social Workers (NASW) Monmouth/Ocean County Division

(2012). *Active Shooter*
Georgian Court University, Lakewood, NJ
Professional Staff

Forshee, D. (2007). *Child Abuse and Neglect Indicators*
Georgian Court University, Lakewood, NJ
Professional Staff

PROFESSIONAL LICENSES

New Jersey Licensed Psychologist (Psy.D.)
License#35SI00665500

New Jersey Licensed Clinical Social Worker (LCSW)
License# 44SC05475000
NPI# 124420906

New York Licensed Clinical Social Worker (LCSW)
License# 084434

SPECIALTY TRAINING AND CERTIFICATIONS

2022: The Fundamentals of Conducting Child Custody Evaluations
Association of Family and Conciliation Courts

2021: Intimate Partner Violence
William James College

2019: High Conflict Co-Parenting: Interventions for Children's Alignment and Resistance
William James College

2019: New Ways for Families Trained & Licensed Provider
High Conflict Institute

2018: Advanced training in Rational-Emotive & Cognitive-Behavioral Theory and Techniques
Albert Ellis Institute, NYC

2017: Gottman Method, Assessment, Intervention, Co-Morbidities & Practicum- Couples Counseling (Level 3)
Gottman Institute

2017: Interdisciplinary Collaborative Family Law Training
Practical Collaborative Solutions, LLC

2016: New Jersey Professional Divorce Mediator
New Jersey Association of Professional Mediators

2015: Lifelines Trilogy: Prevention, Intervention & Post-vention
Society for the Prevention of Teen Suicide

2014: NASW Certified Clinical Supervisor
National Association of Social Workers

PROFESSIONAL MEMBERSHIPS

2021-Present:

Monmouth County Collaborative Divorce & Mediation Professionals (MCCDP)

2019-Present:

Association of Family and Conciliation Courts (AFCC)

2019-Present:

New Jersey Chapter Association of Family and Conciliation Courts (NJ-AFCC)

2016-Present:

New Jersey Association of Professional Mediators (NJAPM)

2016-Present:

Jersey Shore Collaborative Law Group (JSCLG)

2002-Present:

National Honors Society for Psychology (Psi Chi)

VOLUNTEER WORK

10/2017:

Expert Panelist

Society for the Prevention of Teen Suicide, Two River Theater, Red Bank, NJ

Responded to community questions regarding suicide awareness, risk, prevention and resiliency in youth.

10/2017:

Completed Suicide De-Briefing

Invited to privately speak to a group of parents whose teenagers had lost a peer to suicide. Provided support, education on risk factors and resources to parents.

11/2012 & 12/2012:

Hurricane Sandy De-Briefing for Emergency Responders

Robert Wood Johnson/Barnabas Health

Community Medical Center, Toms River, NJ

Independently ran two group-debriefing sessions for emergency room professionals and clinical staff that were first line responders in the central disaster area of Super storm Sandy

